Statistics Report 09334, Feijoa, raw

Report Date: June 30, 2017 04:50 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	d. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	83.28	3		82.75	83.71		-		1	Analytical or derived from analytical		06/2014
Energy	kcal	61									Calculated or imputed		06/2014
Energy	kJ	254									Calculated or imputed		06/2014
Protein 1	g	0.71	3		0.69	0.75				1	Analytical or derived from analytical		06/2014
Total lipid (fat) ¹	g	0.42	3		0.37	0.47				1	Analytical or derived from analytical		06/2014
Ash ½	g	0.38	3		0.34	0.41				1	Analytical or derived from analytical		06/2014
Carbohydrate, by difference	g	15.21									Calculated or imputed		06/2014
Fiber, total dietary ¹ / ₋	g	6.4	3	0.305	5.8	6.8	2.0	5.086	7.714	1	Analytical or derived from analytical		07/2010
Sugars, total 1	g	8.20	3	0.254	7.75	8.63	2.0	7.106	9.294	1	Analytical or derived from analytical		07/2010

Nutrient	Unit	Value Per100 g	Data Points	td. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 1	g	2.93	3	0.276	2.61	3.48	2.0	1.741	4.119	1	Analytical or derived from analytical		07/2010
Glucose (dextrose) ¹ / ₋	g	2.32	3	0.077	2.24	2.47	2.0	1.987	2.647	1	Analytical or derived from analytical		07/2010
Fructose 1	g	2.95	3	0.098	2.81	3.14	2.0	2.533	3.374	1	Analytical or derived from analytical		07/2010
Lactose 1	g	0.00	3	0.000	0	0	2.0			1	Analytical or derived from analytical		07/2010
Maltose 1	g	0.00	3	0.000	0	0	2.0			1	Analytical or derived from analytical		07/2010
Galactose 1	g	0.00	3	0.000	0	0	2.0			1	Analytical or derived from analytical		07/2010
Starch 1	g	0.00	1								Analytical or derived from analytical		07/2010
Minerals													
Calcium, Ca 12	mg	17	5	0.150	10	26	1.0	14.944	18.756	2	Analytical or derived from analytical		07/2010
Iron, Fe 1 2	mg	0.14	5	0.056	0.06	0.24	1.0	-0.577	0.85	2	Analytical or derived from analytical		07/2010
Magnesium, Mg 12	mg	9	5	0.018	8	10	1.0	9.236	9.701	2	Analytical or derived from analytical		07/2010

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Phosphorus, P 1 2	mg	19	5	1.083	16	21	1.0	4.951	32.482	2	Analytical or derived from analytical		07/2010
Potassium, K 1 2	mg	172	5	16.633	150	193	1.0	-39.313	383.38	2	Analytical or derived from analytical		07/2010
Sodium, Na 1 2	mg	3	5	0.220	2	4	1.0	-0.015	5.575	2	Analytical or derived from analytical		07/2010
Zinc, Zn 1 2	mg	0.06	5	0.016	0	0.09	1.0	-0.142	0.264	2	Analytical or derived from analytical		07/2010
Copper, Cu 12	mg	0.036	5	0.019	0.01	0.1	1.0	-0.203	0.275	2	Analytical or derived from analytical		07/2010
Manganese, Mn 1 2	mg	0.084	5	0.001	0.06	0.1	1.0	0.073	0.095	2	Analytical or derived from analytical		07/2010
Vitamins													
Vitamin C, total ascorbic acid $\frac{1}{2}$	mg	32.9	5	12.608	20	61.5	1.0	-127.304	193.09	2	Analytical or derived from analytical		07/2010
Thiamin 12	mg	0.006	5	0.003	0	0.01	1.0	-0.029	0.041	2	Analytical or derived from analytical		07/2010
Riboflavin 1 2	mg	0.018	5	0.015	0	0.04	1.0	-0.17	0.205	2	Analytical or derived from analytical		07/2010
Niacin 12	mg	0.295	5	0.005	0.23	0.35	1.0	0.228	0.361	2	Analytical or derived from analytical		07/2010

Nutrient	Unit	Value Per100 g	Data Points	td. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid 12	mg	0.233	5	0.004	0.22	0.25	1.0	0.181	0.284	2	Analytical or derived from analytical		07/2010
Vitamin B-6 1 2	mg	0.067	5	0.016	0.04	0.09	1.0	-0.138	0.271	2	Analytical or derived from analytical		07/2010
Folate, total 12 a	μg	23	5	15.616	4	43	1.0	-175.711	221.119	2	Analytical or derived from analytical		07/2010
Folic acid	μg	0									Assumed zero		01/2001
Folate, food	μg	23	5	15.616	4	43	1.0	-175.711	221.119	2	Analytical or derived from analytical		07/2010
Folate, DFE	μg	23									Calculated or imputed		07/2010
Vitamin B-12	μg	0.00									Assumed zero		08/1982
Vitamin A, RAE 12	μg	0	3	0.284	0	1	1.0	-3.32	3.887	2	Analytical or derived from analytical		07/2010
Retinol	μg	0									Assumed zero		06/2002
Carotene, beta 12	μg	2	3	1.860	0	4	1.0	-21.777	25.498	2	Analytical or derived from analytical		07/2010
Carotene, alpha 12	μg	0	3	0.181	0	0	1.0	-2.116	2.478	2	Analytical or derived from analytical		07/2010
Cryptoxanthin, beta 12	μg	3	3	2.905	0	6	1.0	-34.011	39.821	2	Analytical or derived from analytical		07/2010

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin A, IU 12	IU	6	3	5.672	0	11	1.0	-66.401	77.745	2	Analytical or derived from analytical		07/2010
Lycopene 1	μg	5	1								Analytical or derived from analytical		07/2010
Lutein + zeaxanthin 1	μg	27	1								Analytical or derived from analytical		07/2010
Vitamin E (alpha-tocopherol) 1/2	mg	0.16	1								Analytical or derived from analytical		07/2010
Tocopherol, beta ¹	mg	0.00	1								Analytical or derived from analytical		07/2010
Tocopherol, gamma ¹	mg	0.03	1								Analytical or derived from analytical		07/2010
Tocopherol, delta 1	mg	0.00	1								Analytical or derived from analytical		07/2010
Vitamin K (phylloquinone) 1	μg	3.5	1								Analytical or derived from analytical		07/2010
Lipids											Calculated		
Fatty acids, total saturated	g	0.104									or imputed Analytical		06/2014
4:0 <u>1</u>	g	0.004	1								or derived from analytical		06/2014

Nutrient	Unit	Value Per100 g	Data Points Std. Er	ror I	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
6:0 <u>1</u>	g	0.000	1								Analytical or derived from analytical		07/2010
8:0 <u>1</u>	g	0.000	1								Analytical or derived from analytical		07/2010
10:0 <u>1</u>	g	0.003	1								Analytical or derived from analytical		06/2014
12:0 <u>1</u>	g	0.001	1								Analytical or derived from analytical		06/2014
14:0 <u>1</u>	g	0.003	1								Analytical or derived from analytical		06/2014
15:0 <u>1</u>	g	0.000	1								Analytical or derived from analytical		07/2010
16:0 <u>1</u>	g	0.075	1								Analytical or derived from analytical		06/2014
17:0 <u>1</u>	g	0.000	1								Analytical or derived from analytical		07/2010
18:0 <u>1</u>	g	0.014	1								Analytical or derived from analytical		06/2014
20:0 1	g	0.003	1								Analytical or derived from analytical		06/2014

Nutrient	Unit	Value Per100 g	Data Points Std. Er	or Mir	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:0 <u>1</u>	g	0.000	1							Analytical or derived from analytical		07/2010
24:0 <u>1</u>	g	0.000	1							Analytical or derived from analytical		07/2010
Fatty acids, total monounsaturated	g	0.056								Calculated or imputed		06/2014
14:1 <u>1</u>	g	0.000	1							Analytical or derived from analytical		07/2010
15:1 <u>1</u>	g	0.000	1							Analytical or derived from analytical		07/2010
16:1 undifferentiated $\frac{1}{a}$	g	0.000			. <u></u>					Analytical or derived from analytical		07/2010
16:1 c ¹	g	0.000	1							Analytical or derived from analytical		07/2010
16:1 t <u>1</u>	g	0.000	1		. <u></u>					Analytical or derived from analytical		07/2010
17:1 <u>1</u>	g	0.000	1							Analytical or derived from analytical		07/2010
18:1 undifferentiated $\frac{1}{L}$	g	0.056								Analytical or derived from analytical		06/2014

Nutrient	Unit	Value Per100 g	Data Points Std.	Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:1 c <u>1</u>	g	0.056	1								Analytical or derived from analytical		06/2014
18:1 t <u>1</u>	g	0.000	1								Analytical or derived from analytical		07/2010
20:1 1	g	0.000	1								Analytical or derived from analytical		07/2010
22:1 undifferentiated $\frac{1}{2}$	g	0.000									Analytical or derived from analytical		07/2010
22:1 c <u>1</u>	g	0.000	1	-							Analytical or derived from analytical		07/2010
22:1 t ¹ _	g	0.000	1								Analytical or derived from analytical		07/2010
24:1 c ¹	g	0.000	1								Analytical or derived from analytical		07/2010
Fatty acids, total polyunsaturated	g	0.136									Calculated or imputed		06/2014
18:2 undifferentiated ¹ _	g	0.107									Analytical or derived from analytical		06/2014
18:2 n-6 c,c ¹	g	0.107	1								Analytical or derived from analytical		06/2014

Nutrient	Unit	Value Per100 g	Data Points Std. Erro	r Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:2 CLAs <u>1</u>	g	0.000	1 -			-				Analytical or derived from analytical		07/2010
18:2 t not further defined $\frac{1}{2}$	g	0.000	1 -							Analytical or derived from analytical		07/2010
18:3 undifferentiated ¹	g	0.029								Analytical or derived from analytical		06/2014
18:3 n-3 c,c,c (ALA) 1/2	g	0.029	1 -							Analytical or derived from analytical		06/2014
18:3 n-6 c,c,c 1	g	0.000	1 -							Analytical or derived from analytical		07/2010
18:4 <u>1</u>	g	0.000	1 -							Analytical or derived from analytical		07/2010
20:2 n-6 c,c 1	g	0.000	1 -							Analytical or derived from analytical		07/2010
20:3 undifferentiated $\frac{1}{2}$	g	0.000								Analytical or derived from analytical		07/2010
20:3 n-6 ¹	g	0.000	1 -							Analytical or derived from analytical		07/2010
20:4 undifferentiated ¹	g	0.000	1 -							Analytical or derived from analytical		07/2010

Nutrient	Unit	Value Per100 g	Data Points Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:5 n-3 (EPA) 1	g	0.000	1							Analytical or derived from analytical		07/2010
22:4 1	g	0.000	1							Analytical or derived from analytical		07/2010
22:5 n-3 (DPA) 1	g	0.000	1							Analytical or derived from analytical		07/2010
22:6 n-3 (DHA) 1/2	g	0.000	1							Analytical or derived from analytical		07/2010
Fatty acids, total trans	g	0.000								Calculated or imputed		07/2010
Fatty acids, total trans-monoenoic	g	0.000								Calculated or imputed		07/2010
Cholesterol	mg	0								Assumed zero		08/1982
Amino Acids												
Tryptophan 1	g	0.007								Analytical or derived from analytical		06/2014
Threonine 1/4	g	0.019								Analytical or derived from analytical		06/2014
Isoleucine 1	g	0.019		-						Analytical or derived from analytical		06/2014
Leucine 1	g	0.028								Analytical or derived from analytical		06/2014

Nutrient	Unit	Value Per100 g	Data Points Std. Err	or Mii	n Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lysine 1	g	0.038								Analytical or derived from analytical		06/2014
Methionine 1	g	0.007			- - -					Analytical or derived from analytical		06/2014
Cystine 1	g	0.007								Analytical or derived from analytical		06/2014
Phenylalanine 1	g	0.019			- - -					Analytical or derived from analytical		06/2014
Tyrosine ¹	g	0.009								Analytical or derived from analytical		06/2014
Valine 1	g	0.019			- <u>-</u> -					Analytical or derived from analytical		06/2014
Arginine 1/4	g	0.019								Analytical or derived from analytical		06/2014
Histidine 1	g	0.009			- <u>-</u> -					Analytical or derived from analytical		06/2014
Alanine 1	g	0.038								Analytical or derived from analytical		06/2014
Aspartic acid ¹	g	0.075			- 					Analytical or derived from analytical		06/2014

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Nutrient	Unit	Value Per100 g	Data Points Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Glutamic acid 1	g	0.132								Analytical or derived from analytical		06/2014
Glycine 1	g	0.028								Analytical or derived from analytical		06/2014
Proline 1	g	0.019								Analytical or derived from analytical		06/2014
Serine 1	g	0.028								Analytical or derived from analytical		06/2014

Sources of Data

Footnotes

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 13e, 2009 Beltsville MD

 $^{{}^2\}textit{Nutrient Data Laboratory, ARS, USDA} \ \textbf{Nutrient Analysis of Specialty Fruit Marketed in the United States, } 1987 \ \ \text{Beltsville MD}$

a Mean value contains data based on the analysis of 5-methyltetrahydrofolate, 10-Formyl folic acid, and 5-Formyltetrahydrofolic acid plus total folate determined microbiologically